



Official Program



**MARION MARLINS MASTERS
Swimming Club**



State Masters OWS Championships

**Sunday 17th January
2021**

**At Somerton SLSC
from 8.30 am**

1km & 3km State Championship Events

Event and Club Major Sponsors:

**Luciano's
Sammy's on the Marina
Marion Outdoor Pool Centre
The Esplanade Hotel Brighton (The ESPY)**

Full listing of supporting sponsors at the end of the program

Marion Masters Open Water Swim **Principal Officials 2021**

Event Manager: Ben Warr

Registrar / Clerk of the Course: Mike Perkins / Tony Fowler

Referee: Phillip Beames

Race instructions & Conditions

The Committee of the Marion Marlins Masters Swimming Club has the discretion to cancel any event at any time.

All OWS Competitors

- Both races are open to any competitor 18 years and over.
- All entrants must complete the online entry form prior to 15 January 2021 or the written entry form on the day.
- No entry will be accepted without payment of the entry fee.
- The Club committee reserves the right to refuse entry to any competitor at its complete discretion and will refund any entry fee paid.
- All COVID requirements must be followed to minimise the possibility of any transfer of the virus by facilitating good hygiene and maintaining social distancing.

Competitors in State Masters OWS Championship

- All entrants will be eligible to win the title of Fastest Male/Female in either the 1km or 3km events
- Only registered SA Masters Swimmers will be eligible for age group awards

Registration

- **Registration will occur adjacent to the Somerton SLSC between 8.30 am and 9.30 am.**
- Swimmers will be grouped according to their starting time as decided by the Race Director prior to the day.
- Social Distancing of 1.5m required
- Swimmers must QR code check-in at the reception desk or complete the contact tracing record.
- Swimmers will be issued with a swim cap at registration. Swimmers will also be numbered. The swim cap must be worn throughout the race as a safety precaution.
- Please assist the race officials by wearing your cap in the marshalling area.

The Start

- The 3km OWS will commence at 10am and the 1km OWS at 10:05 am.
- Air cover is generally available from 10am onwards.
- Swimmers who cross the starting line before the sounding device is heard may be liable to disqualification.
- The Race Director may vary the start times prior to the commencement of each race.

The Course

- Swimmers will be required to swim a rectangular course marked by buoys, from the beach at Somerton SLSC and return to the finish on the beach at Somerton SLSC. Swimmers in the 3km race will complete a 1000m rectangle three times and the swimmers in the 1km race will complete the same 1000m rectangle as shown on the course map.
- In the interest of your safety please swim carefully around the buoys. Course officials will be requested to warn swimmers of any potential collision.
- A map of the course is displayed at the registration area and competitors only area.

THE VENUE

Event will be conducted over a 1km course for both the 1km and 3km events. The published course may be amended in length and direction by the OWS Coordinator for the safety of swimmers.

1. All turns or alterations of course shall be clearly indicated by large coloured buoys in contrast to local markers.
2. The course shall be in salt water that is subject only to minor current or tidal flow.
3. The course shall be safe for swimmers in that:
 - a. Sea conditions allow swimmers of all abilities to complete the event and to be sighted by surf life savers at all times. As a guideline winds exceeding 30kph if directed from the south or southwest and/or breaking waves exceeding 0.6 meters may be grounds for cancellation. There should be no strong currents or rips on the course.
 - b. There is minimal or no turbidity on the course associated with a significant rainfall event and storm water or pollutant discharge in the three days preceding the event.
 - c. The average water temperature (measured at a depth of approximately 400mm) shall not be less than 18°C.
4. In normal circumstances the minimum depth of water at any point on the course shall be greater than two metres.

PRE- RACE PREPARATION

1. Following registration swimmers will be guided into a competitors-only area. To ensure social distancing spectators or members of the public will not be allowed in this area. Swimmers may leave their bags and belongings in this area.

2. Entrants holding a current Medicalert registration may provide their Medicalert Registration Number to the Registrar at the time of Registration.
3. Swimmers shall have their competition number clearly applied in waterproof ink on their upper back or arms, and/or displayed on swim caps. It is compulsory for all swimmers to wear highly visible coloured caps provided by the Race Organiser throughout the race.
4. Goggles, up to two caps, nose clip and earplugs may be used. No swimmer shall be permitted to use or wear any device that may be an aid to speed, endurance or buoyancy (wetsuits, swim fins, paddles, snorkels etc.).
5. The wearing of jewelry and watches except for Medic Alert supplied registration disc, is not allowed to avoid cuts and scratches to other swimmers resulting in blood in the water on the course.
6. Wetsuits and FINA non-compliant swimwear may be allowed at the discretion of the Event Manager, but the swimmer then becomes ineligible for prizes, trophies or championship honours. Any published results or records will clearly indicate swimmers who wore wetsuits.
7. Swimmers shall be allowed to use grease or other such substances providing these are not, in the opinion of the Event Manager, excessive or contravene any law.
8. Swimmers Entered but not Registered by the published "Close of Registration Time" on race day will be disqualified.
9. All swimmers Registered for the event shall attend the "Swimmer Briefing" to be held within 30 minutes of the published Race Start Time.

THE START

1. The Marshall shall keep swimmers and officials informed of the time before the start, eg. five minutes to go, a verbal command will be given that swimmers may enter the water and move toward the Start Line. The Marshall shall then hand over to the Starter by verbal advice or pre-arranged signal.
2. The start line shall be clearly defined by removable equipment at water level, ie. *between two buoys*. With one minute to go swimmers shall assume their start positions at the start line as directed by the Starter.
3. The event shall start with all swimmers standing or treading water in a depth sufficient for them to commence swimming on the start signal.
4. The Starter shall be positioned to be clearly visible to all swimmers.
5. The Starter shall indicate, by a flag held upright and verbal command, when the start is imminent.
6. The Starter shall start the race by dropping a flag and sounding an air horn. The flag drop is the sign for the Timekeepers to start watches; the air horn is the sign for the competitors to start their race.

THE RACE

1. All swimmers must swim freestyle where possible. Backstroke or Breaststroke kick in congested areas, (starts and turns), may be considered 'unsporting interference' and lead to disqualification.
2. Obstructing, interfering with or making intentional contact with another swimmer shall, if deemed by the Referee as "unsporting interference", lead to disqualification.

3. Swimmers shall maintain a reasonable clearance from other swimmers. At the start, finish and turns swimmers shall take every possible action to avoid contact with another swimmer.
4. Swimmers shall not receive support from any fixed or floating object and shall not be touched by an escort craft or crew therein or paddler unless the swimmer requests assistance. Such assistance shall be deemed as a Withdrawal.
5. The pacing of a swimmer by a craft, paddler or another person entering the water is not permitted.
6. If a swimmer is unable to complete the swim they shall raise their arm and wait for assistance from support craft.
7. A cut-off time for all events shall be determined and announced with the race details. After expiry of the designated time limit, the Event Manager may order any or all swimmers still on the course to leave the water.

THE FINISH OF THE RACE

1. The final approach to the finish shall be clearly defined with markers of a distinctive colour.
2. The finish shall be a clearly defined line including the waters edge. **The race finishes when a swimmer can no longer swim and stands up to approach the finish line.**
3. Swimmers shall swim/walk across a defined finish line and be placed in order of finish, and or given a numbered place biscuit. If a swimmer cannot stand or walk to a finish line, they may be assisted or use a representative to collect their place biscuit to walk it to the official finish. Swimmers running past walking swimmers may be disqualified.
4. Swimmer shall collect their place biscuit to walk it to the official finish in the order of the swimmer's finish.

APPEALS

1. Any swimmer disqualified by a Referee may appeal the disqualification to the Referee within 30 minutes of the last swimmer finishing.
2. The Event Manager and Referee must consider the appeal with the disqualified swimmer prior to any results being published.
3. The decision of the OWS Coordinator on any appeal including any time or place penalty or disqualification is final and no further avenues of appeal are open to a disqualified swimmer.

Swim Rules

The Masters Swimming Australia **Open Water Swimming** rules and policy applies to this race. The full text can be found at;

<http://www.mastersswimming.org.au/Portals/26/Rules/MSA%20OWS%20Rules%20October%202014.pdf>

Please note in particular that;

- No extraneous aids are allowed. Goggles are allowed and recommended.
- Wet suits, if used will disqualify the swimmer from any prizes or awards.
- Swimmers will be required to have an official swim cap issued at registration which must be worn at all times.

- Race Officials reserve the right to withdraw competitors at any time preceding or during the race. The Race Officials will consider water and air temperature and weather conditions prior to each race and may vary the event accordingly.
- Race Officials shall have the authority to remove a competitor from the race if the competitor is judged to be physically incapable of continuing the race without the risk of injury to them or others or the time limit has, or will, expire.
- A spirit of friendly competition should be maintained throughout the race. Any un-sportsman like conduct will be grounds for immediate disqualification.
- Decisions of the Race Officials are final and are not subject to appeal.
- Water cover personnel are considered as Race Officials.

Time Limits

- There will be time limits applied to all races for safety reasons:
3 km – 90 mins
1 km – 40 mins
- Swimmers may be asked to withdraw from a race if it becomes evident to the Race Officials that a competitor is unlikely to complete the race within the time limit set.

Safety

- To ensure the safety of all swimmers, the Race organisers have engaged the Somerton SLSC to maintain a high presence in the water. If you require help do not hesitate to call on safety personnel – ski, rescue board or power boat by raising your arm.
- You must leave the water if requested by any official or if a shark warning (siren or other signal) is given.
- The Race Officials may determine that a competitor should be asked to leave the water if they are of the opinion that the competitor's safety is at risk. This decision is at the complete discretion of the Race Officials who may consider all factors including the water temperature and the condition of the competitor.
- A medical officer will be present in the Somerton Patrol tent.

The Finish

- All competitors must proceed across the finish line, which will be located at the water's edge. As soon as you cross the finish line your time will be recorded.
- Please place your swimming cap in the bin provided just near the competitors' area.

Non- Finishers

- All registered competitors who fail to complete the course for any reason are required to notify the recorders at the finish line.

Results and Prizes

- Your final position will then be determined by the official timekeeper. Official results will be announced at the presentation ceremony in the Somerton SLSC at approximately 12.30pm.
- Prizes will be awarded to the first 3 males and females in each race. Age Group prizes will also be awarded.
- Any swimmer may wear a wetsuit or non-FINA approved suit but will not receive an official placing or be eligible for an award or prize.

- Numerous door prizes will be awarded to competitors during the presentation ceremony.

State Masters OWS Championships

- Placings in the 1km and 3km events will be determined in 5-year age groups (Male & Female) in accordance with MSSA policy and the first three place winners in each group will be recognised.
- Results in both the 1km and 3km OWS will be used to determine the 2021 Club Champions (Total Points and Points/Swimmer).

10 Year Award

- The Club recognises long time supporters of the Marion OWS. From the records held by the organisers those competitors who have completed 10 or 20 events up to and including the 2021 event will receive an award at the presentation ceremony.

With thanks to our sponsors:

Sammy's on the Marina	8376 8211	
Marion Outdoor Pool Centre	8276 4939	
ESPY - Brighton Hotel	8296 7177	
Luciano's	8294 5544	
Mediterranean Café Ristorante	8295 8333	
Brighton Fresh Seafoods	0413 924 375	

<p>Café Finniss</p>	<p>8829 7878</p>	
<p>The Lover Fighter Company</p>	<p>0402 591 469</p>	
<p>Suci Plants</p>	<p>0421 226 449</p>	
<p>Mockingbird Cafe</p>	<p>8294 3398</p>	
<p>Glenelg SLSC Bistro</p>	<p>8295 6165</p>	
<p>Grounded Cru Wines</p>	<p>0438 897 738</p>	

SA State Masters Championships -Overall Winners

3km (2.5km) Fastest Female

Year	State Champion	1st Runner-up	2nd Runner-up
2012	Steph Palmer-White (SAM)	Joanne Sutcliffe (SHB)	Sharon Beaver (SHB)
2013	Steph Palmer-White (SAM)	Leila Nazimi (SHB)	Lindsay Cassie (SAT)
2014	Leila Nazimi (SHB)	Lindsay Cassie (SAT)	Julie Astley (SMR)
2015	Leila Nazimi (SHB)	Steph Palmer-White (SAM)	Georgy Falster (SMR)
2016	Georgy Falster (SMR)	Steph Palmer-White (SAM)	Lindsay Cassie (SAT)
2017	Lindsay Cassie (SAT)	Steph Palmer-White (SAM)	Ahlanna Hayes (SAT)
2018	Leila Nazimi (SHB)	Steph Palmer-White (SAM)	Josephine Varney (SHB)
2019	Steph Palmer-White (SAM)	Lindsay Cassie (SAT)	Madeleine Wood
2020	Leila Nazimi (SHB)	Lauren Christian	Sharon Beaver (SHB)

3km (2.5 km) Fastest Male

Year	State Champion	1st Runner-up	2nd Runner-up
2012	Mark Smedley (SAM)	Ian Young (SMR)	Grant Simpson (SHB)
2013	Craig Jones (STT)	Ian Young (SMR)	Grant Simpson (SHB)
2014	James Fennel	Damion Burrage (SAM)	Michael Carter (SAM)
2015	Michael Carter (SAM)	Tom Currie (SAM)	Ian Young (SMR)
2016	Garth Tierney (SHB)	Simon Mulligan (SMR)	Ian Young (SMR)
2017	Grant Simpson (SHB)	Chris Velliaris (SWD)	Paul White (SAT)
2018	Grant Simpson (SHB)	Chris Velliaris (SWD)	Simon Mulligan (SMR)
2019	Mark Preiss (SAO)	Simon Mulligan (SMR)	Chris Velliaris (SWD)
2020	Sam Tebeck	Simon Mulligan (SMR)	Scott Goldie (SAM)

1km (1.25km) Fastest Female

Year	State Champion	1st Runner-up	2nd Runner-up
2015	Sharon Beaver (SAM)	Joanne Sutcliffe (SHB)	Robyn Falster (SMR)
2016	Leila Nazimi (SHB)	Sharon Beaver (SAM)	Natalie Hann (SAT)
2017	Joanne Sutcliffe (SHB)	Leila Nazimi (SHB)	Lauren Christian (SAM)
2018	Briny Mcarthur (SMR)	Leonie O'Connell (SAM)	Maryanne Heffernen (SMR)
2019	Joanne Sutcliffe (SHB)	Sarah Wilkins	Gemma Desmond
2020	Leonie O'Connell (SAM)	Emily Goldie (SAM)	Maryanne Heffernen (SMR)

1km (1.25km) Fastest Male

Year	State Champion	1st Runner-up	2nd Runner-up
2015	Mark Smedley (SAM)	Philipp Djang (SAM)	Mark Preiss (SAO)
2016	Grant Simpson (SHB)	Chris Valliaris (SWD)	Mark Smedley (SAM)
2017	Ian Young (SMR)	Mathew Cranley (SNO)	Marin Slunjski (SHB)
2018	Tom Liubinas	Ian Young (SMR)	Norm Collins (SHB)
2019	Ian Young (SMR)	Grant Simpson (SHB)	Ace Lewis (SMR)
2020	Mar Preiss (SAO)	Ian Young (SMR)	Ben Warr (SMR)

Note: Both Masters Members and Non-members eligible for Fastest Male and Female placings. The 1km event attained Championship status in 2015.

Team Trophies

Club Champion (Aggregate Points)

Year	Winner	2nd	3rd
2012	Marion (SMR)	Adelaide (SAM)	Henley Beach (SHB)
2013	Marion (SMR)	Adelaide (SAM)	Henley Beach (SHB)
2014	Marion (SMR)	Adelaide (SAM)	Henley Beach (SHB)
2015	Marion (SMR)	Adelaide (SAM)	Tea Tree Gully (STT)
2016	Marion (SMR)	Tea Tree Gully (STT)	Adelaide (SAM)
2017	Marion (SMR)	Tea Tree Gully (STT)	Henley Beach (SHB)
2018	Marion (SMR)	Henley Beach (SHB)	Adelaide (SAM)
2019	Marion (SMR)	Henley Beach (SHB)	Atlantis (SAT)
2020	Marion (SMR)	Tea Tree Gully (STT)	Adelaide (SAM)

Club Champion (Average Points /Swimmer)

Year	Winner	2nd	3rd
2012	Atlantis (SAT)	Adelaide (SAM)	Marion (SMR)
2013	Atlantis (SAT)	Marion (SMR)	Henley Beach (SHB)
2014	Henley Beach (SHB)	Adelaide (SAM)	Tea Tree Gully (STT)
2015	Henley Beach (SHB)	Adelaide (SAM)	Marion (SMR)
2016	Atlantis (SAT)	Tea Tree Gully (STT)	Henley Beach, Marion, Western Districts, Onkaparinga
2017	Atlantis (SAT)	Adelaide (SAM)	Henley Beach (SHB)
2018	Western Districts (SWD)	Noarlunga (SNO)	Adelaide (SAM)
2019	Aquadome Otters (SAO)	Marion (SMR)	Atlantis (SAT)
2020	Western Districts (SWD)	Tea Tree Gully (STT)	Atlantis (SAT)

Note: Points for SA Branch club trophies awarded on basis of 4pts for Age Group winner, 3pts for 2nd, 2pts for third and 1 pt for all other placings. Trophy for Aggregate Points is the point total while the Trophy based on Average Points per Swimmer is the sum of all points divided by the number of swimmers from each club. Results from the 1km and 3km races are included (3km only from 2012-14). Only SA clubs eligible.

1km (1.25km) Female Age Group (SA Masters)

1km (1.25km) Male Age Group (SA Masters)

Year	Age Group	1st	2nd	3rd
2015	18-24			
2016		Alexandra Carter (SAM)		
2017				
2018				
2019				
2020		Sarah Wilkins (SMR)		
2015	25-29	Katherine Whaites (STT)		
2016				
2017		Lauren Christian (SAM)		
2018		Briny Mcarthur (SMR)	Georgia Walter (SMR)	
2019		Dhara Amin (SMR)		
2020				
2015	30-34			
2016		Leila Nazimi (SHB)	Justine Marum (SAM)	
2017		Leila Nazimi (SHB)	Jemma Bowker (SMR)	Wendy Wilkinson (STT)
2018		Jemma Bowker (SMR)		
2019				
2020		Katherine Waites (STT)		
2015	35-39			
2016		Debbie Gross (STT)		
2017		Karen Mentha (STT)	Renee Hajek (SNO)	
2018		Karen Mentha (STT)		
2019		Eva Alvarez de Eulate (SPS)		
2020				
2015	40-44	Samantha Jacobs (STT)	Rachael Thorpe (STT)	Deborah Brown (SAQ)
2016		Jennifer Heath (SMR)	Rachael Thorpe (STT)	Claire McCaffrey (SMR)
2017		Rachael Thorpe (STT)		
2018				
2019		Rachael Thorpe (STT)		
2020		Karen Mentha (STT)	Sonya Montgomerie (SAM)	
2015	45-49	Sharon Beaver (SAM)	Helen Tucker (SNO)	Ruth Zeigler (STT)
2016		Sharon Beaver (SAM)	Natalie Hann (SAT)	Samantha McKinlay (SHB)
2017		Jennifer Heath (SMR)	Joanne Bros (SMR)	Deborah Brown (SAM)
2018		Suzanne Pinyon (SHB)	Deborah Brown (SAM)	Heather Anderson (SAT)
2019		Vanessa Tricker (STT)	Jennifer Heath (SMR)	Meredith Ryan (SMR)
2020		Emily Goldie (SAM)	Meredith Ryan (SMR)	Rachel Thorpe (STT)
2015	50-54	Anita Blackmore (STT)	Chimene O'Rafferty	Susan Lacey (SAQ)
2016		Leanne Markey (SNO)	Dodie Smith (STT)	Barbara Burnet (SAM)
2017		Sharon Beaver (SAM)	Helen Tucker (SNO)	Anita Blackmore (STT)
2018		Helen Tucker (SNO)	Leanne Markey (SNO)	Wendy Lewis (SHB)
2019		Helen Tucker (SNO)	Melinda Lutton (SNO)	Yumi Brown (SAQ)
2020		Helen Tucker (SNO)	Helen Hayes (SNO)	Melinda Lutton (SNO)
2015	55-59	Joanne Sutcliffe (SHB)	Robyn Falster (SMR)	Deborah Waering (SMR)
2016		Robyn Falster (SMR)	Sue Filmer (SMR)	Penelope O'Shea (SAO)
2017		Joanne Sutcliffe (SHB)	Robyn Falster (SMR)	Sue Filmer (SMR)
2018		Robyn Falster (SMR)	Rosemary White (SHB)	Helen Walsh (SMR)
2019		Joanne Sutcliffe (SHB)	Robyn Falster (SMR)	Sally Blenkinsop (SAT)
2020		Eimer Muir-Cochrane (SWD)	Yumi Brown (SAO)	
2015	60-64	Robyn Brown (SMR)	Judith Groves (SMR)	Mary Lane (STT)
2016		Leonie O'Connell (SAM)	Janice Gill (STT)	Betty Reinboth (SAM)
2017		Leonie O'Connell (SAM)	Robyn Brown (SMR)	Pam Gunn (SAM)
2018		Leonie O'Connell (SAM)	Maryanne Heffernan (SMR)	Heather Carbone (SMR)
2019		Maryanne Heffernan (SMR)	Heather Carbone (SMR)	Helen Walsh (SMR)
2020		Leonie O'Connell (SAM)	Maryanne Heffernan (SMR)	Heather Carbone (SMR)
2015	65-69	Terry Carter (SMR)	Jenny Mulqueen (STT)	Judy Vowles (SMR)
2016		Jan Simons (SAT)	Terry Carter (SMR)	Maddy Edgely-Smith (STT)
2017		Terry Carter (SMR)	Maddy Edgely-Smith (STT)	Judy Vowles (SMR)
2018		Robyn Brown (SMR)	Eithne Mayton (STT)	Terry Carter (SMR)
2019		Eithne Mayton (STT)	Robyn Brown (SMR)	Maddy Edgely-Smith (STT)
2020		Eithne Mayton (STT)	Pam Gunn (SAM)	Susan Graebner (SAM)
2015	70-74	Joy Page (STT)	Maureen Starrs (SMR)	
2016		Joy Page (STT)	Jenny Mulqueen (STT)	Janice Langan (SMR)
2017		Jenny Mulqueen (STT)		
2018		Jenny Mulqueen (STT)		
2019		Jenny Mulqueen (STT)	Judy Vowles (SMR)	
2020		Jenny Mulqueen (STT)	Janice Langan (SMR)	Judy Vowles (SMR)
2015	75-79	Barbara Pearce (SMR)		
2016		Barbara Pearce (SMR)		
2017		Maureen Starrs (SMR)		
2018		Pauline Smith (SHB)		
2019		Pauline Smith (SHB)	Maureen Starrs (SMR)	
2020				
2017	80-84	Barbara Pearce (SMR)		
2018		Barbara Pearce (SMR)		
2019		Barbara Pearce (SMR)		
2020		Barbara Pearce (SMR)		

Year	Age Group	1st	2nd	3rd
2015	18-24			
2016				
2017				
2018				
2019				
2020				
2015	25-29			
2016				
2017		Ryan McMurtrie (SAO)		
2018				
2019				
2020				
2015	30-34			
2016				
2017				
2018		Ben Warr (SMR)		
2019				
2020		Ben Warr (SMR)		
2015	35-39	John Baranoff (SAM)	Banjamin Lewis (STT)	Iain Wright (SAM)
2016				
2017				
2018				
2019		Ace Lewis (SMR)		
2020				
2015	40-44	Mark Preiss (SAQ)		
2016		Chris Valliaris (SWD)	Mark Preiss (SAO)	John Baranoff (SAM)
2017		Mathew Cranley (SNO)	Michael Gaibinger (SMR)	Andrew Cranley (SNO)
2018				
2019		Evan Hayes (SAT)		
2020				
2015	45-49	Gavin Rowell (SMR)	Roman Zaika (SAM)	Darryl Wallis (STT)
2016		Gavin Rowell (SMR)	Darryl Wallis (STT)	
2017		Michael Hughes (STT)	Gavin Rowell (SMR)	Mark Francis (SMR)
2018		Andrew Cranley (SNO)		
2019		Troy Williams (SAT)	Andrew Cranley (SNO)	Darryl Wallis (STT)
2020		Mark Preiss (SAO)	David Bryce (SHB)	Andrew Cranley (SNO)
2015	50-54	Michael Perkins (SMR)	John Dundon (SHB)	Mark Constable (SWD)
2016		Norm Collins (SHB)	Mark Trenwith (SMR)	Rodney French (SAO)
2017		Scott Jones (SNO)	Rodney French (SAO)	Andrew Smith (SMR)
2018		Kent Nelson (SAM)	Grant Tucker (SNO)	
2019		Stephen Osborne (SHB)	Gavin Rowell (SMR)	Tim Pexton (SAT)
2020		Michael Hughes (STT)	Darryl Wallis (STT)	Guillermo Cuesta (SMR)
2015	55-59	Mark Smedley (SAM)	Barry Payne (SHB)	Christopher Carter (SAM)
2016		Mark Smedley (SAM)	Barry Payne (SHB)	Peter Cleary (SAM)
2017		Marin Slunjski (SHB)	John Dundon (SHB)	Brian Morris (SAM)
2018		Norm Collins (SHB)	Mark Smedley (SAM)	Nigel Skeates (SHB)
2019		Mark Smedley (SAM)	John Dundon (SHB)	Nigel Skeates (SHB)
2020		John Dundon (SHB)	Mark Trenwith (SMR)	Andrew Smith (SMR)
2015	60-64	Philipp Djang (SAM)	Tony Fowler (SMR)	Geoff McConachy
2016		Grant Simpson (SHB)	Tony Fowler (SMR)	Michael Harry (SAM)
2017		Michael Walker (SHB)	Tony Fowler (SMR)	Peter Cragen (SMR)
2018		Barry Payne (SHB)	Michael Walker (SHB)	Tony Fowler (SMR)
2019		Grant Simpson (SHB)	Tony Fowler (SMR)	Peter Cragen (SMR)
2020		Mark Smedley (SAM)	Barry Payne (SHB)	Joe Bayer (SHB)
2015	65-69	Stephen Carthew (SMR)	Bob O'Brien (STT)	Douglas Mason (SAM)
2016		Stephen Carthew (SMR)	Dennis Hay (SMR)	Neal Bertram (SMR)
2017		Ian Young (SMR)	John Middleton (SMR)	Dennis Hay (SMR)
2018		Ian Young (SMR)	John Middleton (SMR)	Keith Reid (SAT)
2019		Ian Young (SMR)	Michael Harry (SAM)	Greg Cooper (SAM)
2020		Ian Young (SMR)	Tony Fowler (SMR)	Peter Cragen (SMR)
2015	70-74	Brian Robinson (STT)	Denys Smith (SHB)	Len Mayton (STT)
2016		Ron Hardy (SMR)	Tim Calver (SAT)	Robert Harris (SOP)
2017		Stephen Carthew (SMR)	Len Mayton (STT)	
2018		Tim Calver (SAT)	Stephen Carthew (SMR)	Len Mayton (STT)
2019		Ron Hardie (SMR)	Tim Calver (SAT)	Trevor Sheehan (SWD)
2020		Keith Reid (SAT)	John Middleton (SAT)	Stephen Carthew (SMR)
2015	75-79			
2016		Rab Blair (STT)	Raymond Ham (SWD)	
2017		Rab Blair (STT)	Denys Smith (SHB)	Brian Robinson (STT)
2018		Denys Smith (SHB)	Brian Robinson (STT)	Raymond Hamm (SWD)
2019		Alan Suskin (SAT)	Laurie Brett (SAT)	Brian Robinson (STT)
2020		Alan Suskin (SAT)	Len Mayton (STT)	
2017	80-84			
2018				
2019		Rab Blair (STT)	Darryl Hawkes (SMR)	
2020		Rab Blair (STT)		

Note: Competition over the 1km distance started in 2012 but only became a State Masters Championship event in 2015. Only SA Masters members who are financial are eligible for placings

3km (2.5km) Female Age Group (SA Masters)					3 km (2.5km) Male Age Group (SA Masters)				
Year	Age Group	1st	2nd	3rd	Year	Age Group	1st	2nd	3rd
2012	18-24				2012	18-24			
2013		Georgy Falster (SMR)			2013		Jonathan Plattan (SAT)	Zak Johnson (SAT)	
2014					2014		Michael Carter (SAM)		
2015					2015		Michael Carter (SAM)	Tom Currie (SAM)	
2016					2016				
2017					2017				
2018					2018				
2019					2019				
2020		Rhiannon Aldridge (SMR)			2020				
2012	25-29	Jodie Sumner (SAT)			2012	25-29	Adam Spratt (SMR)		
2013					2013		Adam Spratt (SMR)		
2014		Annalise Nicholls (SAM)			2014				
2015		Georgy Falster (SMR)			2015		Adam Spratt (SMR)		
2016		Georgy Falster (SMR)			2016		Adam Spratt (SMR)		
2017		Dhara Amin (SMR)			2017		Kieran Blair (SAM)		
2018		Lauren Christian (SAM)	Dhara Amin (SMR)	Betahny Smith (SAO)	2018				
2019					2019				
2020		Colleen Szeto (SAT)			2020				
2012	30-34	Sarah Crossman (SAM)	Tracey Tolari (SHB)		2012	30-34	Karsten Oelkers (SAM)		
2013		Leila Nazimi (SHB)	Jodie Sumner (SAT)		2013		Ryan Cox (SAM)	Robert Suggate (SMR)	
2014		Leila Nazimi (SHB)			2014				
2015		Leila Nazimi (SHB)	Sonya Battersby (SAT)		2015		Ryan Cox (SAM)	Michael Raymond (STT)	
2016		Jodie Sumner (SAT)			2016		Craig Zubrinich (SAO)		
2017					2017		Craig Zubrinich (SAO)		
2018					2018				
2019					2019		Elliot Duncan (SPS)		
2020		Lauren Christian (SGS)			2020				
2012	35-39	Meredith Ryan (SMR)	Serena Murphy (SMR)	Lisa McGlade (SAT)	2012	35-39	Sebastian Carboncini (SAM)	Darrell Staight (SAM)	Paul Bogacki (SMR)
2013		Serena Murphy (SMR)	Mika Peace (SAT)		2013		Christopher Velliariis (SWD)	Darrell Staight (SAM)	Roman Baranoff (SAM)
2014		Jen Sturm (SMR)	Rachael Thorpe (STT)		2014		Christopher Velliariis (SWD)	Paul Bogacki (SMR)	Ian Wright (SAM)
2015		Rebecca O'Loughlin (SMR)	Sarah Goodwin (SHB)	Jen Sturm (SMR)	2015				
2016		Rebecca O'Loughlin (SMR)	Jen Sturm (SMR)		2016				
2017		Ahlanna Hayes (SAT)	Rebecca O'Loughlin (SMR)		2017				
2018		Leila Nazimi (SHB)			2018		Alistair Walsh (SHB)		
2019		Erin Brown (SAM)	Jessica Frost (SMR)		2019		Alistair Walsh (SHB)		
2020		Lielia Nazimi (SHB)			2020		Duncan Elliott (SHB)	Craig Zubrinich (SAO)	
2012	40-44	Kelly Watson (SMR)			2012	40-44	Layton Waters (SAM)	Michael Hughes (STT)	
2013		Lindsay Cassie (SAT)	Meredith Ryan (SMR)	Amanda Carne (SNO)	2013		Michael Hughes (STT)	Andrew Cranley (SNO)	Rick Stephaniak (SST)
2014		Serena Murphy (SMR)	Vanessa Tricker (STT)	Fiona Lawrence (SMR)	2014		Damion Burrage (SAM)	Michael Hughes (STT)	Troy Williams (STT)
2015		Meredith Ryan (SMR)	Serena Murphy (SMR)	Vanessa Tricker (STT)	2015		Christopher Velliariis (SWD)	Darren Pollock (SAM)	Simon Mulligan (SMR)
2016		Vanessa Tricker (STT)	Serena Murphy (SMR)		2016		Tristan Herbert (STT)	Jack Belfer (SHB)	Andrew Cranley (SNO)
2017		Serena Murphy (SMR)	Jen Sturm (SMR)		2017		Christopher Velliariis (SWD)	Jack Belfer (SHB)	
2018		Rebecca O'Loughlin (SMR)	Serena Murphy (SMR)	Jen Sturm (SMR)	2018		Christopher Velliariis (SWD)	Mathew Cranley (SNO)	Michael Gaibinger (SMR)
2019		Jen Sturm (SMR)			2019		Christopher Velliariis (SWD)	Mathew Cranley (SNO)	
2020		Erin Brown (SAM)	Jen Sturm (SMR)	Jo Knolder (SMR)	2020		Michael Gaibinger (SMR)	Evan Hayes (SAT)	Iain Wright (SAM)
2012	45-49	Steph Palmer-White (SAM)	Sharon Beaver (SHB)	Meryl Churchill (SMR)	2012	45-49	Scott Jones (SNO)	Michael Perkins (SMR)	Roman Zaika (SAM)
2013		Steph Palmer-White (SAM)	Sharon Beaver (SHB)	Leanne Markey (SNO)	2013		Brian Coppin (SAM)	Kent Nelson (SAM)	Scott Jones (SNO)
2014		Lindsay Cassie (STT)	Julie Astley (SAM)	Sharon Beaver (SHB)	2014		Garth Tierney (SHB)	Kent Nelson (SAM)	Roman Zaika (SAM)
2015		Amanda Hayes (SAM)	Melinda Lutton (SNO)		2015		Michael Hughes (STT)	Barry Clarke (SMR)	Rodney French (SAQ)
2016		Lindsay Cassie (STT)	Roralind Gumbys (STT)	Shelly Mik (SAO)	2016		Simon Mulligan (SMR)	Scott Healy (SOP)	
2017		Lindsay Cassie (STT)	Sam McKinley (SHB)	Rosalind Gumbys (STT)	2017		Simon Mulligan (SMR)	Tristan Herbert (STT)	Darren Giersch (SAO)
2018		Josephine Varney (SHB)	Sam McKinley (SHB)	Vanessa Tricker (STT)	2018		Simon Mulligan (SMR)	Michael Hughes (STT)	Jack Belfer (SHB)
2019		Serena Murphy (SMR)	Joanne Maher (SMR)		2019		Mark Preiss (SAO)	Simon Mulligan (SMR)	Jack Belfer (SHB)
2020		Serena Murphy (SMR)	Vanessa Tricker (STT)		2020		Simon Mulligan (SMR)	Christopher Velliariis (SWD)	Mathew Cranley (SNO)
2012	50-54	Joanne Sutcliffe (SHB)	Rosemary White (SHB)	Helen Walsh (SMR)	2012	50-54	Mark Smedley (SAM)	Mark Drew (SAM)	Neil Clarke (SAT)
2013		Joanne Sutcliffe (SHB)	Rosemary White (SHB)	Helen Haberfield (STT)	2013		Craig Jones (STT)	Mark Smedley (SAM)	Alistair Baird (SHB)
2014		Joanne Sutcliffe (SHB)	Leanne Markey (SNO)	Anita Blackmore (STT)	2014		Alistair Baird (SHB)	Marin Slunjski (SHB)	Scott Jones (SNO)
2015		Steph Palmer-White (SAM)	Leanne Markey (SNO)	Maggie Dowling (SHB)	2015		Garth Tierney (SHB)	Paul White (SAT)	Mark Morelli (SAT)
2016		Steph Palmer-White (SAM)	Helen Haberfield (STT)	Anita Blackmore (STT)	2016		Garth Tierney (SHB)	Paul White (SAT)	Stephen Strachan (SAT)
2017		Steph Palmer-White (SAM)	Julie Astley (SAM)	Lindsay Martin (SMR)	2017		Tim Burfield (SAT)	Charles Roberts (SMR)	Stephen Lind (SAO)
2018		Steph Palmer-White (SAM)	Sharon Beaver (SAM)	Natalie Hann (SAT)	2018		Scott Jones (SNO)	Charles Roberts (SMR)	Roman Zaika (SAM)
2019		Cassie Lindsay (SAO)	Sam McKinley (SHB)	Rosalind Gumbys (STT)	2019		Darren Giersch (SAO)	Roman Zaika (SAM)	
2020		Sharon Beaver (SAM)	Gaye Kittel (SAT)		2020		Scott Goldie (SAM)	Charles Robert (SMR)	
2012	55-59	Lee O'Connell (SAM)	Maryanne Heffernan (SMR)	Pamela Gunn (SAM)	2012	55-59	Grant Simpson (SHB)	Tony Fowler (SMR)	Greg Specht (SMR)
2013		Maryanne Heffernan (SMR)	Lee O'Connell (SAM)	Heather Carbone (SMR)	2013		Grant Simpson (SHB)	Chris Wendelborn (SAO)	Tony Fowler (SMR)
2014		Lee O'Connell (SAM)	Maryanne Heffernan (SMR)	Belinda Balfour (SNO)	2014		Grant Simpson (SHB)	Chris Wendelborn (SAO)	Brian Morris (SAM)
2015		Lee O'Connell (SAM)	Maryanne Heffernan (SMR)	Helen Walsh (SMR)	2015		Grant Simpson (SHB)	Alistair Baird (SHB)	Neil Theis (SNO)
2016		Joanne Sutcliffe (SHB)	Helen Walsh (SMR)		2016		Mark Morelli (SAT)	Alistair Baird (SHB)	James Smyth (SWD)
2017		Rosemary White (SHB)	Helen Walsh (SMR)	Helen Haberfield (STT)	2017		Paul White (SAT)	Alistair Baird (SHB)	James Smyth (SWD)
2018		Joanne Sutcliffe (SHB)	Mathea Malcolm (SHB)		2018		Paul White (SAT)	Tim Burfield (SAT)	Marin Slunjski (SHB)
2019		Steph Palmer-White (SAM)	Rosemary White (SHB)	Mathea Malcolm (SHB)	2019		Alistair Baird (SHB)	Marin Slunjski (SHB)	Tim Burfield (SAT)
2020		Anita Blackmore (STT)	Lindsay Martin (SMR)		2020		Mark Morelli (SAT)	Stephen Strachan (SAT)	Marin Slunjski (SHB)
2012	60-64	Eithne Mayton (STT)	Jan Simons (SAT)	Maddi Edgley-Smith (STT)	2012	60-64	Ian Young (SMR)	Keith Reid (SMR)	John Middleton (SMR)
2013		Eithne Mayton (STT)	Robyn Brown (SMR)	Gillian Doyle (SNO)	2013		Ian Young (SMR)	Keith Reid (SMR)	John Middleton (SMR)
2014		Eithne Mayton (STT)	Robyn Brown (SMR)	Pamela Gunn (SAM)	2014		Ian Young (SMR)	Keith Reid (SMR)	John Middleton (SMR)
2015		Eithne Mayton (STT)	Pamela Gunn (SAM)	Sue Graebner (SAM)	2015		Ian Young (SMR)	Stewart Taylor (SWD)	Geoff Fuller (SWD)
2016		Deborah Wareing (SMR)	Maryanne Heffernan (SMR)		2016		Ian Young (SMR)		
2017		Deborah Wareing (SMR)			2017		Grant Simpson (SHB)	John Hughes (SPA)	Grant Forrest (SAT)
2018		Deborah Wareing (SMR)			2018		Grant Simpson (SHB)	Grant Forrest (SMM)	
2019		Deborah Wareing (SMR)			2019		Max Yates (SMR)	Scott Rowlands (SHB)	Grant Morris (SMA)
2020		Deborah Wareing (SMR)	Rosemary White (SHB)	Bernadette Shears (STT)	2020		John Hughes (SPA)		
2012	65-69	Maureen Starrs (SMR)			2012	65-69	Charlie Richards (SAM)	Stephen Carthew (SMR)	Ron Hardie (SMR)
2013		Jan Simons (SAT)			2013		Stephen Carthew (SMR)	Charlie Richards (SAM)	Trevor Sheehan (SWD)
2014		Maureen Starrs (SMR)			2014		Charlie Richards (SAM)	Russel Wood (STT)	Trevor Sheehan (SWD)
2015					2015		Keith Reid (SAT)	Charlie Richards (SAM)	John Middleton (SMR)
2016		Eithne Mayton (STT)			2016		Keith Reid (SAT)	John Middleton (SMR)	Russell Wood (STT)
2017		Eithne Mayton (STT)			2017		Keith Reid (SAT)	Phillip Gray (SWD)	
2018					2018		Phillip Gray (SWD)	Michael Harry (SAM)	
2019		Terry Carter (SAT)			2019		Alec Townsend (SHB)	Keith Reid (SAT)	Glen Hammond (SMR)
2020					2020		Stewart Taylor (SWD)	Geoff Fuller (SHB)	Michael Harry (SAM)
2012	70-75	Barbara Pearce (SMR)			2012	70-75	Denys Smith (SHB)		
2013					2013		Denys Smith (SHB)		
2014		Barbara Pearce (SMR)			2014		Denys Smith (SHB)		
2015					2015				
2016					2016				
2017					2017				
2018					2018		Charlie Richards (SAM)		
2019					2019		Dennis Hay (SMR)		
2020		Janette Symons (SAT)			2020		Phillip Gray (SWD)		
					2012	75-79			
					2013		Darryl Hawkes (SMR)		
					2014				

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