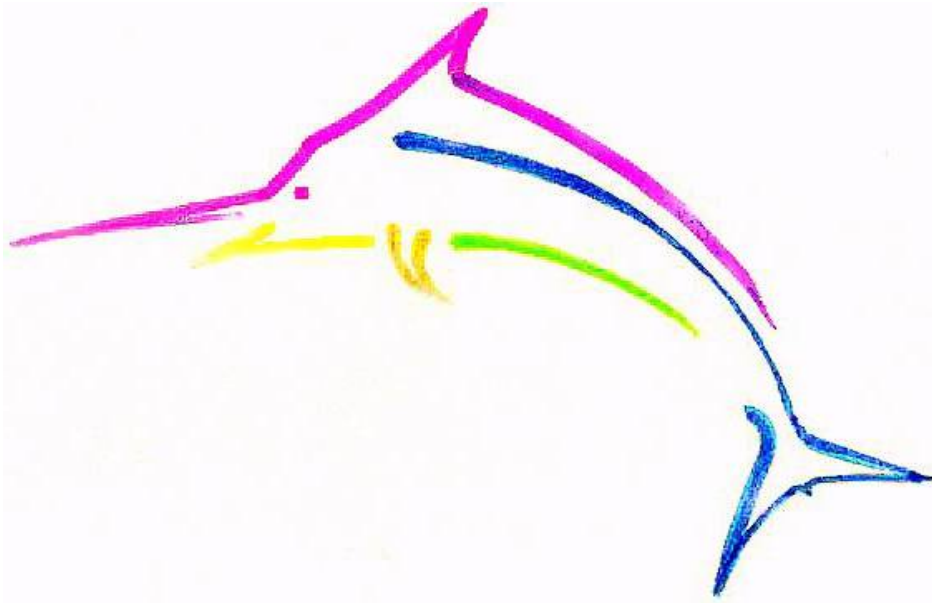


# MARION MARLINS MASTERS

## SWIMMING RECORDS

24<sup>th</sup> March 2019



FEMALE

CURRENT LONG COURSE

RECORD HOLDERS

*Heather Carbone*

CLUB RECORDER

20-24	50m Freestyle					
	Georgina FALSTER	SMR	30.07	23/3/13	SAALC Marion Div1	
20-24	100m Freestyle					
	Georgina FALSTER	SMR	1m04.61	11/08/13	SAALC Marion	
20-24	200m Freestyle					
	Georgina FALSTER	SMR	2m20.22	11/08/13	SAALC Marion	
20-24	400m Freestyle					
	Georgina FALSTER	SMR	5m05.92	23/06/13	SAALC Marion	
20-24	800m Freestyle					
	Georgina FALSTER	SMR	10m33.22	1/11/14	SAALC Marion	
20-24	1500m Freestyle					
	Vanessa DORN	SMR	25m35.74	15/01/92	Burnside	
20-24	50m Backstroke					
	NO RECORD					
20-24	100m Backstroke					
	C. HEFFERNAN	SMR	1m31.27	17/04/86	Adelaide	
20-24	200m Backstroke					
	Vanessa DORN	SMR	3m07.69	13/03/93	Adelaide	
20-24	400m Backstroke					
	NO RECORD					
20-24	800m Backstroke					
	NO RECORD					
20-24	1500m Backstroke					
	NO RECORD					
20-24	50m Breaststroke					
	Meredith JARVIS	SMR	40.35	15/04/84	Melbourne	
20-24	100m Breaststroke					
	Meredith JARVIS	SMR	1m31.98	15/04/84	Melbourne	
20-24	200m Breaststroke					
	Amy STRETTON	SMR	3m14.98	01/04/07	Unley	
20-24	400m Breaststroke					
	NO RECORD					
20-24	800m Breaststroke					
	NO RECORD					
20-24	1500m Breaststroke					
	NO RECORD					
20-24	50m Butterfly					
	Georgina FALSTER	SMR	33.46	23/03/13	SAALC Marion Div1	
20-24	100m Butterfly					
	Georgina FALSTER	SMR	1m14.19	11/08/13	SAALC Marion	
20-24	200m Butterfly					
	Meredith JARVIS	SMR	3m06.78	15/04/84	Melbourne	
20-24	400m Butterfly					
	NO RECORD					
20-24	800m Butterfly					
	NO RECORD					
20-24	200m Ind. Medley					
	Amy STRETTON	SMR	2m50.87	09/05/07	Darwin	
20-24	400m Ind. Medley					
	Amy STRETTON	SMR	6m07.06	09/05/07	Darwin	
20-24	800m Ind. Medley					
	Georgina FALSTER	SMR	12m41.79	1/11/14	SAALC Marion	

25-29	50m Freestyle					
	Heidi TUCKER	SMR	32.35	15/10/89	Adelaide	
25-29	100m Freestyle					
	Heidi TUCKER	SMR	1m08.63	01/11/86	Adelaide	
25-29	200m Freestyle					
	Heidi TUCKER	SMR	2m33.64	01/11/86	Adelaide	
25-29	400m Freestyle					
	Natalie FARNWORTH	SMR	5m34.89	01/05/05	Adelaide	
25-29	800m Freestyle					
	NO RECORD					
25-29	1500m Freestyle					
	NO RECORD					
25-29	50m Backstroke					
	Natalie FARNWORTH	SMR	37.66	12/03/06	Adelaide	
25-29	100m Backstroke					
	Heidi TUCKER	SMR	1m21.01	17/04/88	Adelaide	
25-29	200m Backstroke					
	Natalie FARNWORTH	SMR	3m02.04	01/05/05	Adelaide	
25-29	400m Backstroke					
	NO RECORD					
25-29	800m Backstroke					
	NO RECORD					
25-29	1500m Backstroke					
	NO RECORD					
25-29	50m Breaststroke					
	Meredith JARVIS	SMR	41.61	09/09/90	Adelaide	
25-29	100m Breaststroke					
	Meredith JARVIS	SMR	1m31.49	09/09/90	Adelaide	
25-29	200m Breaststroke					
	Meredith JARVIS	SMR	3m14.56	09/09/90	Adelaide	
25-29	400m Breaststroke					
	Meredith JARVIS	SMR	7m49.79	31/01/87	Sturt	
25-29	800m Breaststroke					
	Meredith JARVIS	SMR	15m44.34	31/01/87	Sturt	
25-29	1500m Breaststroke					
	NO RECORD					
25-29	50m Butterfly					
	Heidi TUCKER	SMR	34.80	01/11/87	Adelaide	
25-29	100m Butterfly					
	Heidi TUCKER	SMR	1m16.70	01/11/87	Adelaide	
25-29	200m Butterfly					
	Meredith JARVIS	SMR	3m04.46	17/04/88	Adelaide	
25-29	400m Butterfly					
	NO RECORD					
25-29	800m Butterfly					
	NO RECORD					
25-29	200m Ind. Medley					
	Heidi TUCKER	SMR	2m56.74	17/04/88	Adelaide	
25-29	400m Ind. Medley					
	Vanessa DORN	SMR	6m51.09	21/11/94	Adelaide	
25-29	800m Ind. Medley					
	NO RECORD					

30-34	50m Freestyle					
	Sally HUNTER	SMR	27.03	31/07/16	SAALC Marion	
30-34	100m Freestyle					
	Sally HUNTER	SMR	1m01.42	19-23/03/19	Nationals SAALC	
30-34	200m Freestyle					
	Paula HILL	SMR	2m17.05	29/03/05	Hobart	
30-34	400m Freestyle					
	Briny Mcarthur	SMR	5m04.77	19-23/03/19	Nationals SAALC	
30-34	800m Freestyle					
	Paula HILL	SMR	10m17.62	29/03/05	Hobart	
30-34	1500m Freestyle					
	NO RECORD					
30-34	50m Backstroke					
	Paula HILL	SMR	34.96	29/03/05	Hobart	
30-34	100m Backstroke					
	Paula HILL	SMR	1m17.57	29/03/05	Hobart	
30-34	200m Backstroke					
	Briny Mcarthur	SMR	2m46.02	19-23/03/19	Nationals SAALC	
30-34	400m Backstroke					
	NO RECORD					
30-34	800m Backstroke					
	NO RECORD					
30-34	1500m Backstroke					
	NO RECORD					
30-34	50m Breaststroke					
	Sally HUNTER	SMR	33.75	19-23/03/19	Nationals SAALC	
30-34	100m Breaststroke					
	Paula HILL	SMR	1m21.73	29/03/05	Hobart	
30-34	200m Breaststroke					
	Meredith JARVIS	SMR	3m14.87	15/09/91	Adelaide	
30-34	400m Breaststroke					
	Meredith TAYLOR	SMR	7m05.70	15/11/92	Burnside	
30-34	800m Breaststroke					
	Meredith TAYLOR	SMR	14m27.02	15/11/92	Burnside	
30-34	1500m Breaststroke					
	NO RECORD					
30-34	50m Butterfly					
	Sally HUNTER	SMR	28.89	31/07/16	SAALC Marion	
30-34	100m Butterfly					
	Paula HILL	SMR	1m14.36	29/03/05	Hobart	
30-34	200m Butterfly					
	Meredith JARVIS	SMR	3m04.98	15/09/91	Adelaide	
30-34	400m Butterfly					
	NO RECORD					
30-34	800m Butterfly					
	NO RECORD					
30-34	200m Ind. Medley					
	Paula HILL	SMR	2m42.03	29/03/05	Hobart	
30-34	400m Ind. Medley					
	Meredith JARVIS	SMR	6m30.33	13/09/92	Adelaide	
30-34	800m Ind. Medley					
	NO RECORD					

35-39	50m Freestyle				
	Meredith RYAN	SMR	30.53	03/05/09	Chandler
35-39	100m Freestyle				
	Meredith RYAN	SMR	1m05.88	03/05/09	Chandler
35-39	200m Freestyle				
	Meredith RYAN	SMR	2m25.11	10/10/09	Sydney
35-39	400m Freestyle				
	Meredith RYAN	SMR	5m23.41	30/11/08	Marion
35-39	800m Freestyle				
	Marcia RAGLESS	SMR	11m40.15	15/10/88	Chandler
35-39	1500m Freestyle				
	Meredith RYAN	SMR	21m28.57	30/11/08	Marion
35-39	50m Backstroke				
	Gay HALES	SMR	40.59	22/03/94	Adelaide
35-39	100m Backstroke				
	Vanessa DORN	SMR	1m38.48	01/05/05	Adelaide
35-39	200m Backstroke				
	Gay HALES	SMR	3m22.49	21/11/93	Adelaide
35-39	400m Backstroke				
	NO RECORD				
35-39	800m Backstroke				
	NO RECORD				
35-39	1500m Backstroke				
	NO RECORD				
35-39	50m Breaststroke				
	Meredith RYAN	SMR	40.92	03/05/09	Chandler
35-39	100m Breaststroke				
	Meredith RYAN	SMR	1m31.30	03/05/09	Chandler
35-39	200m Breaststroke				
	Meredith TAYLOR	SMR	3m25.41	20/09/98	Adelaide
35-39	400m Breaststroke				
	NO RECORD				
35-39	800m Breaststroke				
	NO RECORD				
35-39	1500m Breaststroke				
	NO RECORD				
35-39	50m Butterfly				
	Meredith TAYLOR	SMR	38.28	20/09/98	Adelaide
35-39	100m Butterfly				
	Marcia RAGLESS	SMR	1m33.14	17/10/89	Adelaide
35-39	200m Butterfly				
	Marcia RAGLESS	SMR	3m33.63	16/10/88	Chandler
35-39	400m Butterfly				
	NO RECORD				
35-39	800m Butterfly				
	NO RECORD				
35-39	200m Ind. Medley				
	Gay HALES	SMR	3m09.03	25/03/93	Adelaide
35-39	400m Ind. Medley				
	NO RECORD				
35-39	800m Ind. Medley				
	NO RECORD				

40-44	50m Freestyle					
	Meredith RYAN	SMR	31.78	18/05/14	SAALC Marion	
40-44	100m Freestyle					
	Carolyn FLEMING	SMR	1m10.11	--/07/86	Tokyo Japan	
40-44	200m Freestyle					
	Marcia RAGLESS	SMR	2m37.24	11/03/92	Melbourne	
40-44	400m Freestyle					
	Marcia RAGLESS	SMR	5m27.22	08/09/90	Adelaide	
40-44	800m Freestyle					
	Marcia RAGLESS	SMR	11m21.68	25/03/94	Adelaide	
40-44	1500m Freestyle					
	Marcia RAGLESS	SMR	22m23.94	15/11/92	Burnside	
40-44	50m Backstroke					
	Meredith RYAN	SMR	38.06	15/06/14	SAALC Marion	
40-44	100m Backstroke					
	Meryl CHURCHILL	SMR	1m27.02	07/10/05	Adelaide	
40-44	200m Backstroke					
	Meryl CHURCHILL	SMR	3m09.54	16/04/06	Canberra	
40-44	400m Backstroke					
	NO RECORD					
40-44	800m Backstroke					
	Anke SCHWEDAT	SMR	14m45.60	28/09/18	L-Distance SAALC	
40-44	1500m Backstroke					
	NO RECORD					
40-44	50m Breaststroke					
	Meredith RYAN	SMR	42.24	15/06/14	SAALC Marion	
40-44	100m Breaststroke					
	Heather CARBONE	SMR	1m39.22	01/10/99	Adelaide	
40-44	200m Breaststroke					
	Heather CARBONE	SMR	3m31.50	02/10/99	Adelaide	
40-44	400m Breaststroke					
	Robyn QUINN	SMR	9m37.17	06/02/93	Burnside	
40-44	800m Breaststroke					
	NO RECORD					
40-44	1500m Breaststroke					
	NO RECORD					
40-44	50m Butterfly					
	Meredith RYAN	SMR	37.81	14/06/15	SAALC Marion	
40-44	100m Butterfly					
	Meredith TAYLOR	SMR	1m29.40	03/04/04	Adelaide	
40-44	200m Butterfly					
	Meryl CHURCHILL	SMR	3m27.75	05/10/07	Adelaide	
40-44	400m Butterfly					
	NO RECORD					
40-44	800m Butterfly					
	NO RECORD					
40-44	200m Ind. Medley					
	Meredith RYAN	SMR	2m58.15	14/06/15	SAALC Marion	
40-44	400m Ind. Medley					
	Marcia RAGLESS	SMR	6m56.77	25/03/93	Adelaide	
40-44	800m Ind. Medley					
	NO RECORD					

45-49	50m Freestyle					
	Silvia ROCCA	SMR	32.92	03/05/15	SAALC Marion	
45-49	100m Freestyle					
	Maryanne HEFFERNAN	SMR	1m18.68	07/10/05	Adelaide	
45-49	200m Freestyle					
	Robyn BROWN	SMR	2m56.77	26/03/00	Adelaide	
45-49	400m Freestyle					
	Robyn BROWN	SMR	6m14.44	02/10/99	Adelaide	
45-49	800m Freestyle					
	Robyn BROWN	SMR	12m39.35	01/10/99	Adelaide	
45-49	1500m Freestyle					
	Helen WALSH	SMR	26m11.79	30/11/08	Marion	
45-49	50m Backstroke					
	Meryl CHURCHILL	SMR	38.72	03/05/09	Chandler	
45-49	100m Backstroke					
	Meryl CHURCHILL	SMR	1m25.91	03/05/09	Chandler	
45-49	200m Backstroke					
	Meryl CHURCHILL	SMR	3m10.58	03/05/09	Chandler	
45-49	400m Backstroke					
	NO RECORD					
45-49	800m Backstroke					
	NO RECORD					
45-49	1500m Backstroke					
	NO RECORD					
45-49	50m Breaststroke					
	Meryl CHURCHILL	SMR	44.77	03/05/09	Chandler	
45-49	100m Breaststroke					
	Meryl CHURCHILL	SMR	1m41.95	14/04/12	SAALC Marion	
45-49	200m Breaststroke					
	Meryl CHURCHILL	SMR	3m34.05	16/04/12	SAALC Marion	
45-49	400m Breaststroke					
	Meryl CHURCHILL	SMR	7m42.94	13/11/10	Miami	
45-49	800m Breaststroke					
	NO RECORD					
45-49	1500m Breaststroke					
	NO RECORD					
45-49	50m Butterfly					
	Maryanne HEFFERNAN	SMR	37.63	07/10/05	Adelaide	
45-49	100m Butterfly					
	Meryl CHURCHILL	SMR	1m35.96	30/04/11	Perth	
45-49	200m Butterfly					
	Meryl CHURCHILL	SMR	3m27.78	23/04/08	Perth	
45-49	400m Butterfly					
	Meryl CHURCHILL	SMR	7m42.04	13/11/10	Miami	
45-49	800m Butterfly					
	NO RECORD					
45-49	200m Ind. Medley					
	Meryl CHURCHILL	SMR	3m16.51	17/04/12	SAALC Marion	
45-49	400m Ind. Medley					
	Meryl CHURCHILL	SMR	6m48.02	14/04/12	SAALC Marion	
45-49	800m Ind. Medley					
	Meryl CHURCHILL	SMR	14m40.12	30/11/08	Marion Open	

50-54	50m Freestyle					
	Robyn FALSTER	SMR	34.77	23/06/13	SAALC Marion	
50-54	100m Freestyle					
	Robyn FALSTER	SMR	1m17.43	11/08/13	SAALC Marion	
50-54	200m Freestyle					
	Robyn FALSTER	SMR	2m48.41	23/06/13	SAALC Marion	
50-54	400m Freestyle					
	Maryanne HEFFERNAN	SMR	5m46.87	05/04/08	Pt.Pirie	
50-54	800m Freestyle					
	Robyn FALSTER	SMR	12m25.72	1/11/14	SAALC Marion	
50-54	1500m Freestyle					
	Diane ROSS	SMR	27m47.53	31/01/87	Sturt	
50-54	50m Backstroke					
	Meryl CHURCHILL	SMR	39.66	17/04/13	Sydney	
50-54	100m Backstroke					
	Meryl CHURCHILL	SMR	1m27.51	17/04/13	Sydney	
50-54	200m Backstroke					
	Meryl CHURCHILL	SMR	3m10.40	17/04/13	Sydney	
50-54	400m Backstroke					
	Marguerite WARDLE	SMR	9m01.50	06/02/93	Burnside	
50-54	800m Backstroke					
	Marguerite WARDLE	SMR	18m08.85	06/02/93	Burnside	
50-54	1500m Backstroke					
	NO RECORD					
50-54	50m Breaststroke					
	Maryanne HEFFERNAN	SMR	43.20	29/03/09	Adelaide	
50-54	100m Breaststroke					
	Maryanne HEFFERNAN	SMR	1m40.28	07/10/07	Adelaide	
50-54	200m Breaststroke					
	Maryanne HEFFERNAN	SMR	3m37.06	02/03/08	Unley	
50-54	400m Breaststroke					
	Maryanne HEFFERNAN	SMR	7m20.05	29/03/09	Adelaide	
50-54	800m Breaststroke					
	Maryanne HEFFERNAN	SMR	15m44.96	07/11/10	Unley	
50-54	1500m Breaststroke					
	Maryanne HEFFERNAN	SMR	29m25.46	07/11/10	Unley	
50-54	50m Butterfly					
	Maryanne HEFFERNAN	SMR	37.51	29/03/09	Adelaide	
50-54	100m Butterfly					
	Diane ROSS	SMR	1m45.10	17/04/86	Adelaide	
50-54	200m Butterfly					
	Meryl CHURCHILL	SMR	3m32.13	17/04/13	Sydney	
50-54	400m Butterfly					
	NO RECORD					
50-54	800m Butterfly					
	NO RECORD					
50-54	200m Ind. Medley					
	Maryanne HEFFERNAN	SMR	3m12.74	29/03/09	Adelaide	
50-54	400m Ind. Medley					
	Meryl CHURCHILL	SMR	6m52.52	17/04/13	Sydney	
50-54	800m Ind. Medley					
	NO RECORD					



55-59	50m Freestyle					
	Robyn FALSTER	SMR	35.10	19-23/03/19	SAALC Nationals	
55-59	100m Freestyle					
	Maryanne HEFFERNAN	SMR	1m16.71	07/10/11	SAALC Marion	
55-59	200m Freestyle					
	Maryanne HEFFERNAN	SMR	2m44.65	03/05/15	SAALC State Cup	
55-59	400m Freestyle					
	Maryanne HEFFERNAN	SMR	5m39.17	23/06/13	SAALC Marion	
55-59	800m Freestyle					
	Maryanne HEFFERNAN	SMR	11m29.48	07/10/11	SAALC Marion	
55-59	1500m Freestyle					
	Robyn BROWN	SMR	25m29.04	30/11/08	Marion	
55-59	50m Backstroke					
	Robyn FALSTER	SMR	42.64	27/05/18	IC-1 SAALC	
55-59	100m Backstroke					
	Robyn FALSTER	SMR	1m33.23	3-10/10/15	SAALC AMG	
55-59	200m Backstroke					
	Robyn FALSTER	SMR	3m18.62	3-10/10/15	SAALC AMG	
55-59	400m Backstroke					
	Heather Carbone	SMR	7m17.34	07/04/13	Adelaide	
55-59	800m Backstroke					
	Marguerite WARDLE	SMR	17m42.47	25/11/95	Burnside	
55-59	1500m Backstroke					
	NO RECORD					
55-59	50m Breaststroke					
	Maryanne HEFFERNAN	SMR	44.67	23/06/13	SAALC Marion	
55-59	100m Breaststroke					
	Maryanne HEFFERNAN	SMR	1m37.28	07/10/11	SAALC Marion	
55-59	200m Breaststroke					
	Maryanne HEFFERNAN	SMR	3m25.23	15/06/14	SAALC Marion	
55-59	400m Breaststroke					
	Maryanne HEFFERNAN	SMR	7m35.81	11/11/12	Marion Open	
55-59	800m Breaststroke					
	Maryanne HEFFERNAN	SMR	15m27.54	11/11/12	Marion Open	
55-59	1500m Breaststroke					
	Maryanne HEFFERNAN	SMR	29m09.06	11/11/12	Marion Open	
55-59	50m Butterfly					
	Maryanne HEFFERNAN	SMR	36.09	07/10/11	SAALC Marion	
55-59	100m Butterfly					
	Maryanne HEFFERNAN	SMR	1m31.25	01/12/12	Unley	
55-59	200m Butterfly					
	NO RECORD					
55-59	400m Butterfly					
	NO RECORD					
55-59	800m Butterfly					
	NO RECORD					
55-59	200m Ind. Medley					
	Maryanne HEFFERNAN	SMR	3m10.75	07/10/11	SAALC Marion	
55-59	400m Ind. Medley					
	Maryanne HEFFERNAN	SMR	7m05.77	01/12/12	Unley	
55-59	800m Ind. Medley					
	NO RECORD					

60-64	50m Freestyle					
	Maryanne HEFFERNAN	SMR	34.06	5-13/11/16	Pan-Pacs	QLD
60-64	100m Freestyle					
	Maryanne HEFFERNAN	SMR	1m14.08	03/04/16	Adelaide	
60-64	200m Freestyle					
	Maryanne HEFFERNAN	SMR	2m37.96	22/05/16	SAALC	Marion
60-64	400m Freestyle					
	Maryanne HEFFERNAN	SMR	5m32.63	03/04/16	Adelaide	
60-64	800m Freestyle					
	Maryanne HEFFERNAN	SMR	11m30.99	18/03/17	SAALC	Marion
60-64	1500m Freestyle					
	Deborah WAREING	SMR	22m17.80	28/10/18	L-Distance	SAALC
60-64	50m Backstroke					
	Deborah WAREING	SMR	41.35	31/07/16	SAALC	Marion
60-64	100m Backstroke					
	Deborah WAREING	SMR	1m31.40	19-23/03/19	SAALC	Nationals
60-64	200m Backstroke					
	Deborah WAREING	SMR	3m16.70	19-23/03/19	SAALC	Nationals
60-64	400m Backstroke					
	Deborah WAREING	SMR	6m55.79	28/10/18	L-Distance	SAALC
60-64	800m Backstroke					
	NO RECORD					
60-64	1500m Backstroke					
	NO RECORD					
60-64	50m Breaststroke					
	Maryanne HEFFERNAN	SMR	43.84	17/09/17	SAALC	All In Meet
60-64	100m Breaststroke					
	Maryanne HEFFERNAN	SMR	1m35.29	08/04/18	SAALC	LCSC
60-64	200m Breaststroke					
	Maryanne HEFFERNAN	SMR	3m24.44	08/04/18	SAALC	LCSC
60-64	400m Breaststroke					
	Maryanne HEFFERNAN	SMR	7m21.07	31/01/16	Gawler	
60-64	800m Breaststroke					
	Maryanne HEFFERNAN	SMR	15m50.06	28/10/18	L-Distance	SAALC
60-64	1500m Breaststroke					
	Maryanne HEFFERNAN	SMR	29m54.68	28/10/18	L-Distance	SAALC
60-64	50m Butterfly					
	Maryanne HEFFERNAN	SMR	36.80	5-13/11/16	Pan-Pacs	QLD
60-64	100m Butterfly					
	NO RECORD					
60-64	200m Butterfly					
	Diane ROSS	SMR	4m21.48	08/04/96	Canberra	
60-64	400m Butterfly					
	NO RECORD					
60-64	800m Butterfly					
	NO RECORD					
60-64	200m Ind. Medley					
	Maryanne HEFFERNAN	SMR	3m08.17	06/03/16	Strathalbyn	
60-64	400m Ind. Medley					
	Deborah WAREING	SMR	6m41.59	19-23/03/19	SAALC	Nationals
60-64	800m Ind. Medley					
	NO RECORD					

65-69	50m Freestyle					
	Kay CASTLE	SMR	41.95	22/10/06	Alice Springs	
65-69	100m Freestyle					
	Kay CASTLE	SMR	1m37.13	24/10/06	Alice Springs	
65-69	200m Freestyle					
	Terry CARTER	SMR	3m30.87	8-11/03/17	Nationals QLD	
65-69	400m Freestyle					
	Robyn BROWN	SMR	6m37.91	27/05/18	IC-1 SAALC	
65-69	800m Freestyle					
	Terry CARTER	SMR	14m53.35	8-11/03/17	Nationals QLD	
65-69	1500m Freestyle					
	Helen AGOSTINI	SMR	33m40.63	15/11/92	Burnside	
65-69	50m Backstroke					
	Terry CARTER	SMR	51.45	18-21/04/18	Perth	
65-69	100m Backstroke					
	Terry CARTER	SMR	1m51.87	27/05/18	IC-1 SAALC	
65-69	200m Backstroke					
	Terry CARTER	SMR	3m58.39	09/04/16	NSW	
65-69	400m Backstroke					
	Terry CARTER	SMR	8m20.41	03/05/15	SAALC State Cup	
65-69	800m Backstroke					
	NO RECORD					
65-69	1500m Backstroke					
	NO RECORD					
65-69	50m Breaststroke					
	Terry CARTER	SMR	52.94	21-24/04/16	Melbourne	
65-69	100m Breaststroke					
	Terry CARTER	SMR	2m03.92	21-24/04/16	Melbourne	
65-69	200m Breaststroke					
	Terry CARTER	SMR	4m32.60	31/01/16	Gawler	
65-69	400m Breaststroke					
	Jan WILSON	SMR	11m31.98	26/11/06	Unley	
65-69	800m Breaststroke					
	Judy VOWLES	SMR	22m16.47	1/11/14	SAALC Marion	
65-69	1500m Breaststroke					
	NO RECORD					
65-69	50m Butterfly					
	Diane ROSS	SMR	57.51	02/04/04	Adelaide	
65-69	100m Butterfly					
	Barbara PEARCE	SMR	2m30.59	29/03/05	Hobart	
65-69	200m Butterfly					
	Barbara PEARCE	SMR	6m06.03	01/05/05	Adelaide	
65-69	400m Butterfly					
	NO RECORD					
65-69	800m Butterfly					
	NO RECORD					
65-69	200m Ind. Medley					
	Terry CARTER	SMR	4m13.01	06/03/16	Strathalbyn	
65-69	400m Ind. Medley					
	Barbara PEARCE	SMR	10m23.50	16/04/06	Canberra	
65-69	800m Ind. Medley					
	NO RECORD					

70-74	50m Freestyle					
	Barbara PEARCE	SMR	45.05	09/05/07	Darwin	
70-74	100m Freestyle					
	Diane ROSS	SMR	1m45.38	02/03/08	Unley	
70-74	200m Freestyle					
	Diane ROSS	SMR	3m45.25	06/10/07	Adelaide	
70-74	400m Freestyle					
	Diane ROSS	SMR	8m05.54	01/05/05	Adelaide	
70-74	800m Freestyle					
	Diane ROSS	SMR	16m46.16	05/10/07	Adelaide	
70-74	1500m Freestyle					
	Diane ROSS	SMR	33m29.60	30/11/08	Marion	
70-74	50m Backstroke					
	Barbara PEARCE	SMR	53.66	05/10/07	Adelaide	
70-74	100m Backstroke					
	Barbara PEARCE	SMR	2m01.88	03/05/09	Chandler	
70-74	200m Backstroke					
	Barbara PEARCE	SMR	4m18.22	19/04/08	Perth	
70-74	400m Backstroke					
	Barbara PEARCE	SMR	9m40.74	29/03/09	Adelaide	
70-74	800m Backstroke					
	Barbara PEARCE	SMR	21m17.25	30/11/08	Marion	
70-74	1500m Backstroke					
	NO RECORD					
70-74	50m Breaststroke					
	Judy VOWLES	SMR	57.68	19-23/03/19	SAALC Nationals	
70-74	100m Breaststroke					
	Judy VOWLES	SMR	2m21.52	19-23/03/19	SAALC Nationals	
70-74	200m Breaststroke					
	Judy VOWLES	SMR	5m14.84	19-23/03/19	SAALC Nationals	
70-74	400m Breaststroke					
	Diane ROSS	SMR	11m17.91	02/03/08	Unley	
70-74	800m Breaststroke					
	NO RECORD					
70-74	1500m Breaststroke					
	NO RECORD					
70-74	50m Butterfly					
	Diane ROSS	SMR	57.11	07/10/07	Adelaide	
70-74	100m Butterfly					
	Barbara PEARCE	SMR	2m33.90	03/03/07	Murray Bridge	
70-74	200m Butterfly					
	Barbara PEARCE	SMR	6m56.65	09/05/07	Darwin	
70-74	400m Butterfly					
	NO RECORD					
70-74	800m Butterfly					
	NO RECORD					
70-74	200m Ind. Medley					
	Diane ROSS	SMR	4m30.93	06/10/07	Adelaide	
70-74	400m Ind. Medley					
	Barbara PEARCE	SMR	10m35.83	05/10/07	Adelaide	
70-74	800m Ind. Medley					
	NO RECORD					

75-79	50m Freestyle					
	Barbara PEARCE	SMR	46.02	15/04/12	SAALC Marion	
75-79	100m Freestyle					
	Diane ROSS	SMR	1m46.01	30/04/11	Perth	
75-79	200m Freestyle					
	Diane ROSS	SMR	4m03.12	30/05/11	Perth	
75-79	400m Freestyle					
	Diane ROSS	SMR	8m40.93	30/04/10	Perth	
75-79	800m Freestyle					
	Diane ROSS	SMR	17m26.01	30/04/10	Perth	
75-79	1500m Freestyle					
	Diane ROSS	SMR	35m14.21	11/11/12	Marion Open	
75-79	50m Backstroke					
	Barbara PEARCE	SMR	54.40	14/04/12	SAALC Marion	
75-79	100m Backstroke					
	Barbara PEARCE	SMR	2m04.09	17/04/13	Sydney	
75-79	200m Backstroke					
	Barbara PEARCE	SMR	4m33.79	17/04/13	Sydney	
75-79	400m Backstroke					
	Barbara PEARCE	SMR	10m05.11	06/11/14	Pan Pacs QLD	
75-79	800m Backstroke					
	Barbara PEARCE	SMR	24m19.64	1/11/14	SAALC Marion	
75-79	1500m Backstroke					
	NO RECORD					
75-79	50m Breaststroke					
	Jan MYKYTA	SMR	1m.19.26	06/03/16	Strathalbyn	
75-79	100m Breaststroke					
	Jan MYKYTA	SMR	3m.15.41	22/05/16	SAALC Marion	
75-79	200m Breaststroke					
	Jan MYKYTA	SMR	7m.29.62	31/07/16	SAALC Marion	
75-79	400m Breaststroke					
	NO RECORD					
75-79	800m Breaststroke					
	NO RECORD					
75-79	1500m Breaststroke					
	NO RECORD					
75-79	50m Butterfly					
	Barbara PEARCE	SMR	1m03.03	16/04/12	SAALC Marion	
75-79	100m Butterfly					
	Barbara PEARCE	SMR	2m45.30	15/04/12	SAALC Marion	
75-79	200m Butterfly					
	NO RECORD					
75-79	400m Butterfly					
	NO RECORD					
75-79	800m Butterfly					
	NO RECORD					
75-79	200m Ind. Medley					
	Diane ROSS	SMR	4m47.69	29/08/10	Adelaide	
75-79	400m Ind. Medley					
	Barbara PEARCE	SMR	11m12.48	14/04/12	SAALC Marion	
75-79	800m Ind. Medley					
	NO RECORD					

80-84	50m Freestyle					
	Diane ROSS	SMR	48.70	3-10/10/15	SAALC	AMG
80-84	100m Freestyle					
	Diane ROSS	SMR	1m53.88	3-10/10/15	SAALC	AMG
80-84	200m Freestyle					
	Diane ROSS	SMR	4m13.92	3-10/10/15	SAALC	Marion
80-84	400m Freestyle					
	Diane ROSS	SMR	8m55.67	3-10/10/15	SAALC	AMG
80-84	800m Freestyle					
	Diane ROSS	SMR	18m29.97	3-10/10/15	SAALC	AMG
80-84	1500m Freestyle					
	NO RECORD					
80-84	50m Backstroke					
	Barbara PEARCE	SMR	59.12	09/04/17	SAALC	State Cup
80-84	100m Backstroke					
	Barbara PEARCE	SMR	2m09.11	09/04/17	SAALC	State Cup
80-84	200m Backstroke					
	Diane ROSS	SMR	4m50.28	22/05/16	SAALC	Marion
80-84	400m Backstroke					
	Diane ROSS	SMR	10m09.75	09/04/17	SAALC	State Cup
80-84	800m Backstroke					
	Barbara PEARCE	SMR	25m34.61	28/10/18	L-Distance	SAALC
80-84	1500m Backstroke					
	NO RECORD					
80-84	50m Breaststroke					
	Barbara PEARCE	SMR	1m30.97	18-21/04/18	Perth	
80-84	100m Breaststroke					
	NO RECORD					
80-84	200m Breaststroke					
	Barbara PEARCE	SMR	7m43.44	18/03/18	Strathalbyn	
80-84	400m Breaststroke					
	NO RECORD					
80-84	800m Breaststroke					
	NO RECORD					
80-84	1500m Breaststroke					
	NO RECORD					
80-84	50m Butterfly					
	Barbara PEARCE	SMR	1m19.12	8-11/03/17	Nationals	QLD
80-84	100m Butterfly					
	NO RECORD					
80-84	200m Butterfly					
	NO RECORD					
80-84	400m Butterfly					
	NO RECORD					
80-84	800m Butterfly					
	NO RECORD					
80-84	200m Ind. Medley					
	Barbra PEARCE	SMR	4m32.66	8-11/03/17	Nationals	QLD
80-84	400m Ind. Medley					
	NO RECORD					
80-84	800m Ind. Medley					
	NO RECORD					